

# CYC Friday Night Sailfest 2006

## Sailing Instructions

When and Where: Shilshole Bay off the north entrance to Shilshole Marina, Fridays in August (4,11,18 & 25) 2006

### SAILING INSTRUCTIONS:

There shall be two starts. The first start will be the Fun Class, also known as the Racing Class, and this class will race under the US Sailing Racing Rules of Sailing version 2005-2008 in addition to the Relaxed Rules of Sailing noted below.

The second start will be the Pleasant Evening Class. This class will race under the Primary Rule that you are on the course to have fun and enjoy the evening. The Pleasant Evening Class will also utilize to the ultra-simplified "When Vessels Meet" section below.

All vessels in both classes are subject to the Relaxed Rules listed below. No yelling, only pleasantries shall be exchanged between vessels in either class.

By reading these sailing instructions and participating in the event, skippers and crews agree to abide by these rules, all USCG regulations and take responsibility for their own safety on the water.

### 1. RELAXED RULES OF SAILING

The primary rule is that fun still rules.

There shall be no contact between vessels.

The only exception is verbal contact which at all times shall be friendly courteous, and constructive. For example: "Hey, nice spinnaker and you're doing a great job of trimming it." Or "I like the cut of your jib." Or "Do you have any Grey Poupon?" Please take notes on conversations during the race and submit the friendliest or funniest to the Race Committee for possible Arbitrary Prizes.

### 2. WHEN VESSELS MEET:

(for Pleasant Evening Class)

A vessel has right of way when another vessel is required to keep clear of her. The four basic relaxed rules of sailing are as follows:

#### ***On Opposite Tacks or Gybes***

When vessels are on opposite tacks or gybes, a vessel on a port tack or port gybe shall keep clear of a starboard tack or starboard gybe vessel.

#### ***On The Same Tack while overlapped***

When vessels are on the same tack or gybe and overlapped, a vessel to windward shall keep clear of a vessel to leeward.

#### ***On The Tack or Gybe, Not Overlapped***

When vessels are on the same tack or gybe and not overlapped, the vessel clear astern shall keep clear of the vessel clear ahead.

#### ***When Rounding or Passing a Mark***

When vessels are about to pass or round a mark of the course, the outside vessel shall give the inside vessel room to round the mark. This includes room to tack or gybe if that is an integral part of the rounding maneuver. If the outside vessel cannot give room because of vessels outside of her, the inside vessel is not required to

round the mark and may simply proceed to the next mark.

## 2. ENTRIES

On Friday nights, competitors may enter by showing up and checking in with the race committee on VHF Channel 78A, or in person with the committee boat. The Race Committee will be documenting all boats at the start line.

## 3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the window at Corinthian Yacht Club at the head of V-Dock, and/or on the Corinthian Yacht Club web site ([www.cycseattle.org](http://www.cycseattle.org)).

## 4. COMMERCIAL TRAFFIC

All commercial traffic has right of way. Competitors will not impede or interfere with any commercial traffic in any way. Any vessel that does is subject to immediate disqualification. Competitors are encouraged to monitor VHF Channel 14 for commercial traffic information. Remember, boats may use their auxiliaries without fear of penalty, and getting out of the way of commercial traffic is a particularly appropriate time for that.

## 5. SCHEDULE

The warning signal each Friday will be at 1830. Actual starts will be at 1835 and 1840. See "STARTING SYSTEM" below.

## 6. CLASSES and PLACARDS

The Fun Class will start at 1835 and the Pleasant Evening Class will start five minutes later. During their the starting sequence a placard with the word FUN or the words PLEASANT EVENING will be displayed along with the course for each class.

Which class should one choose? That is entirely up to the skipper of said vessel. If there is any intention of watching telltales, sitting on the high side or seeking wind shifts, the Fun Class should be considered. If you are more interested in savoring the cheese balls and conversations aboard your boat, the Pleasant Evening Class is the way to go. You know who you are.

## 7. RACING AREA

The racing area will be Shilshole Bay, between the Meadow Point and West Point Buoys.

## 8. COURSE and MARKS

The course will be posted each Friday night. All marks will be left to port. Courses utilize existing well known marks in the vicinity and be indicated by a sequence of placards.

Mark Designations:

J=Mooring Buoy ("Hamburger") off north end of Shilshole Bay Marina, serving as start and finish for all races.

M=Meadow Point Buoy off Golden Gardens park.

W= West Point Buoy

L=Mooring buoy located to the west southwest of the mouth of the Ship Canal.

E=Red and white mid-channel bell buoy in the heart of Shilshole Bay (the "Ballard Blinker").

The start will be between a committee boat bearing a blue "RC" flag and "J," with the committee boat anchoring in such a way that J will mark the port end of the starting and finishing line.

Boats are to follow in the designated sequence the indicated course.

Examples: The course “MW” will mean start at J (headed north)- to Meadow Point-to West Point- to finish at J. “LM” will mean start at J (headed south)-south mooring buoy-Meadow Point-finish at J.

## 9. STARTING AND FINISHING LINES

The starting and finishing lines will be between J and the evening’s committee boat (indicated by blue RC flag), leaving J to port.

## 10. STARTING SYSTEM

The Sound Signal Starting System will be the same for every Friday night race commencing at 1830 hours.

| Signal       | Sound  | Flag       | Time before Start   |
|--------------|--------|------------|---|
| Warning      | 1 long | Placard Up | 5 minutes ‘til Fun start  |
| Preparatory  | 1 Long | Yellow     | 4 minutes ‘til Fun Start  |
| One-Minute   | 1 long | Blue       | 1 minute ‘til Fun Start   |
| First Start  | 1 Long | Red        | Fun (racing) Boats Start. 5 minutes ‘til Pleasant Evening start |
| Preparatory  | 1 Long | Yellow     | 4 minutes ‘til Pleasant Evening Start                           |
| One Minute   | 1 long | Blue       | 1 minute ‘til Pleasant Evening Start                            |
| Second start | 1 long | Red        | Pleasant Evening Start  |

The placard is being used in place of a class flag and the yellow flag is being used in place of a preparatory flag. These changes revise RRS Rule 26.

It is encouraged for competitors and race committee alike to share upon request the time remaining until start AND to loudly call down the final seconds. Hopefully in unison.

## 11. TIME LIMIT

The time limit for each class on Thursday nights will be 2 hours. The ending time for the Racing Class is 2030 hrs. and for the Relaxed Class is 2035 hrs. Running the motor to make the time limit is NOT cause for disqualification.

## 12. PROTESTS

There will be no protests. See Sailing Instructions Rule Number One.

## 13. SCORING

There shall be a first and second place. All other places shall be scored as third. Elapsed finish positions and times will be kept for those who feel a need to know.

## 14. GATHERING AT CLUBHOUSE

After sailing there will be free but limited food, soft drinks and beer at the CYC clubhouse (at V-dock), hosted by Sail Northwest and the Seattle Sailing Club. The club and bar will be open to members, participants and their guests.

## 15. TROPHIES

Trophies and Prizes will be awarded to the yachts that complete the course and whose names are selected through random drawing. All yachts that complete the course are eligible. The Race Committee may hand out Arbitrary Prizes whenever it sees fit. For instance, the best sea lion impression might well garner a prize. Or not.

## 16. SPECIAL CONDITIONS

If in the event of little or no wind, the race will NOT be cancelled - use your engine to navigate the course.

Pleasant Evening Class Participants: If at any time you find yourself watching telltales too closely or delaying cheese & crackers until after a mark rounding, switching to the fun class is recommended. You may do so by motoring into the position you feel you should occupy, putting down the cheese and cracker, and resuming sailing.

Fun Class Participants: If you find your mind wandering to cheese balls and crackers, you are encouraged to move to the Pleasant Evening Class. You may do so by circling back to and joining the Pleasant Evening class.

All Boats: No crews are allowed to take anything off their boat in order to save weight. In fact, extra coolers, co-workers, hors d'oeuvres, kids or dogs might well warrant an Arbitrary Prize.