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Solutions for remote medical care and rescue



Wilderness First Aid

REMOTE MEDICAL INTERNATIONAL TRAINING GROUP



A Remote Medical International instructor discusses heat illness prevention on the North Shore of Oahu.

Course Overview

The Wilderness First Aid course provides a foundation in wilderness medicine for individuals who spend time, whether for work or play, in places where the hospital or ambulance is more than one hour away. Taught by our instructors who, at a minimum, have worked professionally as Wilderness Emergency Medical Technicians, we emphasize the hands-on skills and decision-making processes that are unique to remote settings and medicine.

This course exceeds OSHA requirements for first aid training and can be catered to specific environments such as marine/sea kayaking, camps, or mountaineering.



Course Quick Facts

Total Hours of Instruction	16
Total Clinical Hours	0
Total Course Hours	16
Typical Course Duration	2 Days
CME Credits	N/A
Prerequisites	None

Certifications Received

Wilderness First Aid	Remote Medical International
Heartsaver CPR (Optional)	American Heart Association



A student team practices cervical immobilization and treatment of orthopedic injuries.

Course Content & Objectives

The Wilderness First Aid Course can be taught as a complete course, or catered to specific environments. The following topics are part of our standard course:

- Primary Survey & Physical Exam
- Vital Signs & Patient History
- Documentation & Communication
- Gastrointestinal Illness & Injury
- Metabolic & Allergic Reactions
- Neurological Emergencies
- Heat Illness
- Hypothermia & Frostbite
- Lightning
- Altitude Related Illnesses

- Medical-legal Considerations
- Sprains & Strains
- Fractures
- Femur Traction Splints
- Dislocations
- Spinal Injury Management
- Head Injuries
- Shock
- Wound Management & Infection
- Remote Medical Kits & Supplies

Course Format

The Wilderness First Aid course is typically taught over 2 days, with 8 hours of instruction each day. The course is fast-paced and includes short lectures, labs, and realistic scenarios providing students with ample opportunity to convert concepts into practice.

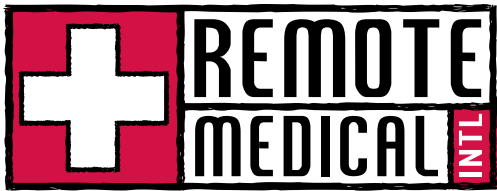
Certification & Recognition

The Wilderness First Aid certification by Remote Medical International is valid for 2 years and is recognized worldwide by groups such as the American Mountain Guides Association, the Canadian Mountain Guides Association, the US Government, as well as major outdoor programs.

Heartsaver CPR is valid for two years, comes from the American Heart Association, and is recognized worldwide.

Remote Medical International Training Group

Remote Medical International provides solutions for medical care and rescue in remote and austere environments. Our experience performing medical and rescue support in some of the most remote places in the world directly fortifies our training group and ensures that our instructors are teaching from real-life experience.



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