

## For More Information Contact

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RSVPs appreciated, but not required.

General Team Racing Information Links:  
<http://www.sailingeducation.com/tools.html>  
<http://www.ussailing.org/teamracing/>



Brought to you by the  
Corinthian Yacht Club of  
Seattle in cooperation with  
Sail Sand Point

[www.cycseattle.org](http://www.cycseattle.org)

[www.sailsandpoint.org](http://www.sailsandpoint.org)

## Join CYC's Team Racing Program

Check it  
Out!



Fast, Fun, & Exhilarating

Designed to:

- Educate: Teach the sport of Team Racing (no prior experience required)
- Involve: People from all fleets of all ages
- Compete: Build a team to represent CYC in National events

Kickoff Monday March 23<sup>rd</sup>

Come and learn more Bar opens at 5:30 PM

Membership not required to participate in the education program.

## Program Objectives

Build interest in local team racing through education and training.

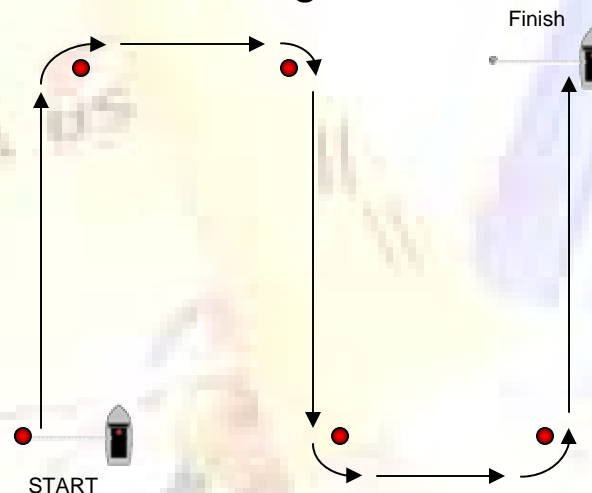
Create a forum which interests sailors of all ages and helps build excitement and enthusiasm for sailboat racing.

Encourage racers to join CYC and represent the club in Team Racing events throughout the country.

## Team Racing Basics

1. 3 Boats vs. 3 Boats
2. The team with 10 points or less wins
3. Short Courses
4. Quick Races  
approx. 10 minutes

Course: "Digital N"



## Schedule

### I. Education

- March 23, 2009 (CYC, 6PM)
- Introduction to Team Racing
  - Open to Everyone

- April 20, 2009 (CYC, 6PM)
- Tactics #1

- May 18, 2009 (CYC, 6PM)
- Tactics #2

### II. Practice/Training

- May – August (Sail Sand Point)
- On-the-Water Practice
  - Flying Juniors
  - Coaching Debriefs
  - \$200 per boat (whole season) Discount for CYC Members.

It is not too late to join. Contact us today and get in on the fun!