

#### THE CORINTHIAN YACHT CLUB OF SEATTLE

## A Night of Suspence on Lake Washington

By Allan Johnson

I don't sail on the Lake much anymore. I learned to sail on the Lake, I taught sailing on the Lake and spent a lot of time out there, but in recent years I am lucky if I get one or two nights out racing with the CYC fleets out of Leschi. So when Staff Commodore Eric Sanderson asked if I could join his stellar crew on the old J-24 Suspence, I jumped at the chance.

My vision of Lake sailing is summertime at its best in Seattle. Shorts, T-shirts, Sunglasses and enjoying the long evenings of sunlight out on the Lake was my vision, but this day was quite the opposite with big rain squalls, temperatures in the 50s and a strong southerly wind blowing.

As I stepped aboard, dressed in full foul weather gear, ski hat and an extra rain coat, Eric Sanderson asked: "What's it blowing out there?" My response: "A steady 18 with puffs in the 20s." I had no idea, but it was windy out there. If his question was really "Rig tighter or looser?", the answer was "tighter." If the question was "jib or genoa?," the answer was definitely, "the jib".

While I was rigging the spinnaker sheets (purple on the starboard, pink on the port, but that is another story) I had this flashback to the last time I was on Suspence. I was shocked to think back and realize it had been twenty years since I enjoyed a night of sailing on *Suspence*.

That was back in 1987 and 1998 when Carol Buchan campaigned and won the Adams Cup both years with



Suspence leads the J-24 fleet at the mark.

Cheryl Lanzinger, Jean Trucano and my sister Libby Johnson-Mckee. Those summers saw the light blue boat crewed by an all-female crew, but for some reason I got to substitute for my sister or add a little weight to the rail. I was honored to be there, and those girls were good!!! I remembered them being quite successful against that Seattle J-24 fleet and were clearly the best woman's keelboat team in the country for two years straight.

It is just incredible that the J-24 fleet and CYC racing is almost exactly the same in terms of size and competitiveness today as it was twenty years ago. If you want large fleet, one design keelboat racing in Seattle, it is tough to beat the action packed J-24 fleet. And the racing was action packed.

The first two races were run in almost the exact conditions I called from the dock, but it felt windier, and it rained really hard. Not a nice Seattle mist, but more like a tropical downpour! I kept telling the crew that I was their biggest problem. If they could keep me from screwing up too bad, we would be ok. What was cool about the crew is they listened and figured out how to make it

easy on me doing the jib sheets and spin sheets. Carl (Carrrrl) Sheath, one of the better tacticians I have had the pleasure to sail with, called for a port tack start in the first race, not for tactics, but so Allan (me) wouldn't have to tack the jib.

We shot out to the starboard layline and one tack later we were rounding the mark in the lead. Chris Roberts kept the synchronicity between the bow and the stern and was spot on the wind and wave calls, and with helpful hints to me like, "maybe you should wrap the winch clockwise?" Melanie Edwards in the bow, could gybe that pole in twenty knots of breeze...I just could not believe it! She was amazing...I wonder if she would like to sail Tasars....

We won the first race and second race in the big breeze, but for the third race the breeze went weird, West and light like it can do on the Lake.

The winner of the third race was Harry Brown and the *Mouse Trap* crew. I think that victory put Mouse Trap in the lead for the series and Harry was buying drinks in the bar for anyone he could find!

Eric Sanderson is much the gentleman at the helm of his boat as he is in person, and I thank him for my guest appearance on *Suspence*. I left the dock dry and scared, and came back wet and confident in a boat well prepared and sailed smartly by a crew of fun people!

#### FROM THE HELM

### Lessons Learned from J-Fest and NOOD

#### **JOE JAMES**



Commodore Joe James

I thought I'd died and gone to heaven," said 78- year- old Wayne Berge upon hearing that eight J-35's were sailing J-Fest. Wayne loves one design sailing with his wife Diana and faithful crew. *The Boss* can be seen every Wednesday evening racing in a PHRF class but when enough J-35's show up for a one design start, Wayne is all smiles.

So how did Wayne do at J-Fest? Well *The Boss* had nine points total in five races with two first place finishes which was good enough for second place. In first was Diversion sailed by our Fleet Captain Cruise Rod Deyo and his wife Mary and their crew.

J-Fest saw 60 J-Boats out for a weekend of racing. This was the 25th year Bob Ross has hosted this event at CYC. How does he manage to attract so many J-Boats? He has the perfect combination of racing and social activities. The Saturday evening social at our clubhouse includes dinner and a raffle not to be missed. Hats are flying and books, race equipment and haulouts are given to the lucky ones. The raffle shows Bob at his best helped as always by Carol Reid and Bob Pistay.

There is a lesson for all of us at CYC in the successful hosting of NOOD and J-Fest. Neither of these events would attract so many participants without the advertising and contacts with fleets and individual sailors. Successful regattas include both quality racing and social activities.

CYC has joined Sail Sand Point and Anthony's Home Port Restaurant as sponsors of the 2008 Kirkland Friday Night Sailing. We will again co-sponsor Sailfest along with Northwest Marine Productions. Sailfest will be held on the five Friday evenings in August with a race followed by complimentary hot dogs and beer in our clubhouse. On the Sound Wednesday PHRF and One Design racing have seen increased participation. One of the reasons for this increase is due to Fleet Captain Race Lorenzo Migliorini who has arranged for sponsorship by the restaurant Osteria La Spiga

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We have not forgotten our Helmsman. Kurt Hoehne is working on a combined 2007-2008 edition of this publication, which will celebrate the many activities of the club including both race and cruising. Updating our members names and contact information is another essential element. Before the end of this summer, you should have your new Helmsman in your mailbox.

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Our cruisers are planning a weekend of gatherings at Poulsbo for the July 3rd fireworks and Quartermaster Harbor for July 4th. Rod and Mary Deyo have been updating our reciprocal moorage information for posting on our web site. Before you go cruising, it can be helpful to review the information of our reciprocal clubs. As you head out for the summer, I hope you will fly your CYC burgee and enjoy the hospitality offered by our reciprocal partners

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Page 2 Web Site: Derek Storm

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# Sailing in Greek Isles Features Some Bumpy Rides, Meals in Tavernas and Slipping into Daily Routine

#### **By Charles Fawcett**

First in a Two Part Series

This year we met up with David Robinson and Avalon, his Bavaria 44', at a small island off the west coast of Greece named Zakynthos, and then cruised south around Peloponnisos peninsula and offshore islands, ending up in Piraeus some three weeks later. Our third crew member this year was John Bailey a fellow Snipe sailor and CYC member.

I landed in Zakynthos at dusk in the middle of a sirocco, a fierce and infrequent regional storm that brings fine brown sand up from Libya in the south. The old harbor was full of activity with extra lines and anchors going out everywhere. The inter island ferries had stopped running and Avalon was Med moored, with two anchors out and the motor in gear at 1200 revs in an attempt to keep our stern off the docks to leeward. We recorded 42 knots in one gust and the sea inside the harbor grew to two feet. We kept watches during the night. Our fear was that either our anchors would drag or those of our neighbors. By four the next morning it was flat calm and the only reminder was a thick coat of brownish sand over everything.

The following evening after a bumpy ride but great sail we made Katakolo on Peloponnisos which was full of passenger ships with tour buses shuttling tourists to and from Olympia, original home of the Olympics.

The next morning, in thick fog, we departed Katakolo and worked our way south in a nice westerly breeze to the island of Proti. We anchored, had lunch and swam (80F), then sailed down to Pilos, an attractive little port where we went alongside and had a great meal at a beach side taverna.

We slipped easily into the daily cruising routine of going ashore early to shop for provisions and to enjoy coffee in the piazza to listen to the local gossip, thence sail to an anchorage or wayport to swim or sightsee, afterwards having lunch in the cockpit before sailing on to the evening's destination. We averaged 25 miles per day and the daily temperatures were in the mid to upper 80s. For the first part of the voyage we saw very few other yachts as we were off the beaten track and well away from the charter yacht bases. This had the advantage of normally being able to find a free berth alongside with the fishing boats together with unlocked fresh water hoses!

At Koroni in the gulf of Messiniakos we anchored close to a NZ couple who had been cruising for five years in their 36' Bob Perry design Remedy. They were en route from Turkey to Croatia. They advised against us going to our next destination, Porto Kaylo, as it was "very windy." We ignored their advice, because we had few other options and sailed across the gulf, gybed around Pt. Tainero in a nice 20-knot westerly and headed north to Porto Kaylo in the lee of the high hills.

Our Kiwi friends were correct. The wind blew straight over the top of the hills and flattened us. As we motored into the minute harbor it was blowing 35 knots. Wherever we tried to anchor the gusts found us. Eventually we found good holding ground, with two anchors down, just off the beach. But that evening, after eating ashore, it was still blowing hard so we had to tow the dinghy along the beach dead upwind of Avalon to drift down and get back aboard.

We ate ashore most evenings at local tavernas. The menus never really varied; Greek salad or some other cheese or vegetable-based appetizer and main courses, which invariably included grilled lamb, goat, pork or chicken. Fish, at \$35 per pound, was very expensive, particularly as we spent most of our days surrounded by fishermen. We normally ate for about \$20 per head including a half liter of house wine each.

We then worked our way across the gulf of Kolpos in company with dolphins and one whale sighting, calling at some great little anchorages around Cape Maleas, the southernmost tip of Peloponnisos, before working our way north. The commercial traffic was very heavy in this area as freighters of all types and sizes made their way to and from Pireaus, Turkey and the Black Sea.

Our next call was at Yefira the modern port for the old walled island city of Monemvasa. Not a vehicle in sight, only donkeys and mules to bring supplies into this fascinating and restored ancient city. It was a steep climb to the fortified plateau above, where once 40,000 people lived

Next: More charter yachts appear as we sail up the Gulf of Argolidas.

### **Buchan Family Patriarch Honored at Shilshole Ceremony**



Members of the Buchan clan gathered at the ceremony included, kneeling, Lindsay Bergan (Carl Buchan's daughter), and standing from left, Jennifer Ledbetter and Karen Buchan (Bill Buchan Jr.'s daughter and wife), Gloria Buchan (John Buchan's wife), Mara Bohman (Bill Buchan's daughter), Brian Ledbetter (Jennifer's husband), Holly Ledbetter (Jennifer and Brian's daughter), Bill Buchan Jr., and John Buchan. Present at the ceremony but not available for the photo, were Carl Buchan, Bill Buchan Jr.'s son, and Allan Buchan, John's son.

A group of about 25 from CYC and the Buchan family gathered June 23 on the sidewalk above Shilshole Marina's "L" Dock for the re-dedication of a plaque honoring the family patriarch, Bill Buchan Sr.

#### $Buch \, \square$

Buchan Jr., and subsequent generations of the family have maintained that tradition, winning national, international and Olympic honors in numerous classes. "L" Dock was known as Buchan Sr.'s dock, and he moored the McDuff there, the last in a long line of boats he designed and built. After his death in 1972, a plaque was placed at the head of the dock in his honor. It reads, "Dock 'L' will ne []

replaced and rededicated at the recent ceremony. It is at the entrance to "L" and "M" dock, now served by a single ramp.

Many of those attending, including Monday Lunch regulars, knew Buchan Sr. and reminisced about him.



The Plaque honoring Bill Buchan Sr.

The Seattle Times printed an article on Dec. 11, 1972, about a month after Buchan's death, about the original dedication of the plaque, also attended by club and family members. The article read, in part:

"During the ceremony, Buchan's friends repeated the three sounds they said he liked best: "The gun, symbolizing the race on the water;

"The bagpipes, played by Angus Ironside, who dressed in a kilt;

"Finally, the clink of glasses containing Scotch inside the Corinthian Yacht Club, where the friends of Buchan gathered after the memorial in the chilly noon sun."

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# Sail Dance Clam

That was the CYCcruiser Spirit at this past months "Kingston Pizza Cruise"! First the fleet sailed to Kingston, where they danneed and ate Pizza until the wee hours of the morning when the tide was low enough to get a few bucket fulls of clams.

Join us next year for a really good time!

Watch this space for a report on the 4th of July Cruise in next month's issue.



Sailing at its best!





Photos by and of the Goldsteins

## CYC Holding Third 'Sail/Fest' in August

Friday Nights in August are about to get hotter.

For the third year, the Friday Night Sail/Fest returns to Shilshole Bay. This is a free fun event for all sailors. Bring your friends, your business associates, kids and kids' friends for a fun-filled evening on the water and socializing at the Corinthian Yacht Club.

After a fun race, everyone is invited to the CYC clubhouse for door prizes (Bring the kids. There is no telling what prizes might be waiting for them), free barbequed hot dogs, free beer, free wine and free sodas for those under 21 (all while supplies last).

This is a simple racing format designed for everyone to come out and sail for fun with a long start line and an easy course.

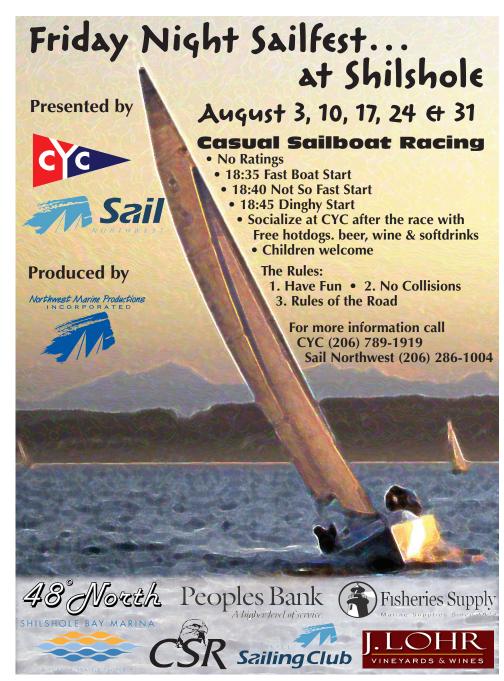
No ratings, just show up for a sail. There will be three starts: fast boats, not as fast boats and dinghy's. First start is at 1835 and subsequent starts at 1840 and 1845.

Only three rules: 1) Have Fun, 2) No Collisions, 3) Rules of the Road.

All Fridays in August 1, 8, 15, 22 and 29, starting at 1830.

The event is presented by CYC and Sail Northwest, and produced by: Northwest Marine Productions. Sponsors are the Seattle Sailing Club, Port of Seattle, 48 North, J/Lohr Wine, Peoples Bank, Fisheries Supply and CSR Marine.

For more information call CYC at 206-789-1919 or Sail Northwest, 206-286-1004.



August, 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 S-Sailfest L-Anthony's	SLB Commodore Gibso
3 Slb Commodor Gibson	4 S- Monday Lunch	5 L-Fall1	6 SLB-Fall 2 L-Fall 1	7 SOD-Fall 2	8 S-Sailfest L-Anthony's	9
10	11 S- Monday Lunch	12 L-Fall 2	13 SLB-Fall 3 L-Fall 2	14 SOD-Fall 3	15 S-Sailfest L-Anthony's	16 L-Moonlight Race
17	18 S-Monday Lunch	19 L-Fall 3	20SLB- Fall 4 L-Fall 3	21 SOD-Fall 4	22 S-Sailfest L-Anthony's	23
24/31	25 S- Monday Lunch	26Fall 4	27 SLB-Fall 5 L-Fall 4	28SOD Fall 5	29 S-Sailfest L-Anthony's	30

Code: L=Leschi, S=Shilshole, CC=College Club, Closed indicates that the clubhouse is reserved for a private function. SLB=Sound Large Boats, SOD=Sound One-design Boats, PSFC= Puget Sound Fleet Council Meeting (Big Boats), PSODFC= Puget Sound One-design Fleet Council Meeting (One-design boats). SWSA=Seattle Women Sailing Association

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