

CORINTHIAN YACHT CLUB OF SEATTLE

SHILSHOLE CLUBHOUSE

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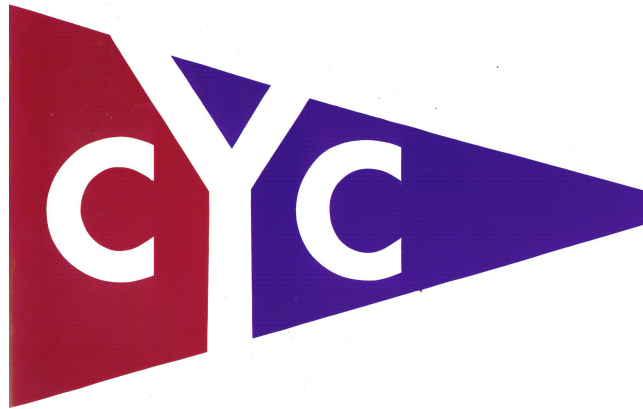
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2011 RACEBOOK



CORINTHIAN YACHT CLUB OF SEATTLE

2011 YACHT CLUB OFFICERS

Commodore	Wayne Balsiger	webalsiger@comcast.net
Vice Commodore	Ken Johnson	kenneth.johnson4@comcast.net
Rear Commodore	Bruce Van Deventer	bruce.vandeventer@gmail.com
Treasurer	Remmert Wolters	rwolters@axiom-northwest.com
Secretary	Lydia Volberding	lvolberding@earthlink.net

2011 SAILING PROGRAM OFFICERS

Race Fleet Captain/ Equipment Manager	Jerry Diercks	jerry4cyc@comcast.net
Race Event Coordinator	Bill Blodget	bill@kamgear.com
Cruise Fleet Captain	Mike Irish	genl19@comcast.net
Volunteer Coordinator	Brian Watkins	brwatki_sail@live.com
Sponsorship Lead	Lydia Bolberding	lvolberding@earthlink.net
Junior Program Coordinator	Jonathan Flack	atworkwithjf@gmail.com

Council Chairs

Lake Fleet Council	Remmert Wolters	rwolters@axiom-northwest.com
Sound Large Boat Council	Kathryn Meyer	kathryn@kamgear.com
Sound One-Design Council	Mark Orme	morme@acucela.com

Protest Chairs

Lake Washington	Wayne Balsiger	(206) 725-5033
Puget Sound	Charlie Macaulay	(425) 557-4480

PHRF Handicappers www.phrf-nw.org

Up to 32.99'	Matthew Wood	matt.wood@razorfish.com
33' & over	Matthew Wood	matt.wood@razorfish.com
Multihull	Geo W. Lefler	stardancer105@comcast.net

Staff

Race Manager:	Kevin Cunningham	kevinc_cyc@yahoo.com
Club Manager:	Joel Thornton	cycsea@eskimo.com
Office Assistant:	Vicki Ross	cycsea@eskimo.com

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FORWARD

Since established in 1945, Corinthian Yacht Club of Seattle has been centered on supporting sailboat racing. We have grown to become one of, if not the most active clubs in the nation. We will host 125 days of racing in 2011 supported by professional Principal Race Officers, a substantial staff of paid mark setters and volunteers and a fleet of 7 Committee Boats.

While programming grew to meet demands over the past 65 years, CYC's business model has not significantly changed. We rely on a broad base of membership to support the racing we so enjoy. Even in the face of declining participation over the last 15 years (nationally and locally), CYC has maintained numerous, high-quality racing programs on two venues. The reality of doing the same programming with fewer resources is hitting home.

We see the challenges most urgently in the Sound Small Boat Racing Programs, as it is there that participation decline is most precipitous. CYC is therefore experimenting with initiatives that we hope will stem the tide. We will use the Sound Small Boat Evening Series as the crucible for these experiments since it is here that we have the most to gain and the least to lose. If we can double participation, we will have a secure footing from which to proceed. It is our intention to take the lessons learned here into all CYC programs.

These are some of the important changes to the Sound Small Boat Evening Series:

- Open to non-CYC members and allow race-by-race registration at \$20/night for non-Members to allow newcomers more access.
- Allow CYC members race-by-race registration at \$7.50/night for single-handed boats and \$10.00/night for other Sound One-Design Small Boats.
- Offer CYC Members registration to the 22 race series at dramatically reduced rates. (Do you have a Laser in the garage? Time to get it out.)
- Move the Spring Series to Sunday afternoons to bring warmth and light to the early season. Interim, Summer and Fall series will revert to a Thursday evening schedule.

You will notice other Racebook changes such as:

- If you're reading this, you know we are going to an all on-line Racebook and race registration will be all on-line to save costs and make programming more flexible.
- Lake Washington General Sailing Instructions and Sound GSI's have been combined to help unify programming and save on your printing costs.
- CYC is re-establishing a once formidable Junior Program to train young sailors on Optimists and 420's and bring their families to Club sailing.
- CYC, with other area clubs, are transitioning away from PIYA Equipment Regulations toward the more universal (and well maintained) ISAF Offshore Special Regulations.
- We have eliminated the Lake Spring Regatta and replaced it with the Howling Moon Regatta, a three-day regatta in August that includes the Moonlight Distance Race.
- In the hopes of bringing new sailors to the joys of racing, we are developing a Racing Mentorship Program.

I hope you will join with your fleets and fellow racers to bring more people to the party. CYC will thrive into the future if we share our passion and encourage our fellow sailors to race. Besides, how often do you sail when you're not racing?

Jerry Diercks, Race Fleet Captain, J105 #272, *Delirium*, jerry4cyc@comcast.net

2011 CYC RACING POLICIES

CYC Membership Status: There are several classes of CYC Members.

- Senior Members are full voting members of the club with all the rights and privileges available.
- A Junior Member is a person who is under 19 on the day he or she registers.
- An Intermediate Member is at least 19 and not more than 24 years old on the day of registration.

Junior and Intermediate Members, as defined above, are welcome to enter any CYC event where their class is accepted. Juniors and Intermediate Members, or nonresidents, who meet these age requirements, pay 50% of individual CYC event entry fees. Juniors may participate in the Sound Small Boat Spring Sundays and Thursday Evening Series for free. (Junior and Intermediate racers who live in King, Snohomish, Kitsap or Pierce County must be CYC members to receive the 50% race fee discount.) Whenever a Junior or Intermediate race fee is paid, the helmsman of the boat must meet either the Junior or Intermediate definition.

For events not specifically designated as junior events, CYC requires a ratio of one safety boat for every ten juniors who are under the age of 15 on the day of the first start. The ratio cannot be less than 1:10. It is the responsibility of the parents and coaches to provide the safety boats. CYC does not guarantee the availability of junior safety boats.

- Associate Members are sailors who do not own their own boats, but who crew on boats and enjoy the CYC's social and educational programs, (including the use of the bar). We ask Senior Member skippers to encourage their regular crew to join as Associate Members for only \$75/year to support our activities and become more closely related to the Club and the opportunities it offers.

Please visit www.cycseattle.org/membership for more information.

CYC Race Packages: Purchasing a Race Package permits a specific boat to participate in a distinct group of CYC race events at a substantial discount as compared to the already discounted member rate for the individual events. Only CYC Senior Members, their spouses, their children under the age of 21, and CYC Junior or Intermediate Members are eligible to purchase Race Packages. Substitutions may not be made to package contents. If you are not a member of *US Sailing*, add 10% to the package fee. (In order to encourage participation and manage class breaks, package registrants may be contacted prior to each regatta or series to confirm participation.)

CYC Guest Policy:

Weekend Events: Adults or Juniors Sailors who are not members of CYC, but are members of any club that is an active or associate PIYA member or is affiliated with US Sailing, may enter any CYC weekend event by paying the "Guest" entry fee. Some events have a nonresident fee; a nonresident is a person living outside of King, Snohomish, Kitsap or Pierce Counties. See the CYC Racing Schedule for detailed fee information.

Evening Series and Small Boat Spring Sundays: Those who are not Senior Members of CYC may enter any CYC evening series by paying the "Guest" entry fee. See the CYC Racing Schedule for fee information. **However, such individuals may enter CYC Lake and Sound Large Boat evening series only for a period of twelve months from the date of their first evening series registration. Anyone may enter the Sound Small Boat Spring Sundays and Thursday Evening Series.**

PHRF Rating: A boat is considered to have a valid PHRF rating only if current PHRF dues have been paid. You can get a valid PHRF rating or check your status by calling PHRF Northwest at (253) 857-8858 or on the web at <http://www.phrf-nw.org/>.

Minimum number of boats registered: If fewer than 10 keelboats or 15 dinghies register for a race by the race deadline, the race may be cancelled and the entry fees refunded.

Late registrations: Please register by the stated deadlines. This allows our staff to organize scoring and generate class breaks efficiently. The more time it takes to manage races, the more expensive it gets. Late registrations may be accepted, but a **late fee of \$25 will be charged** in addition to the fee listed for the event.

Boats not registered: Boats that race in CYC evening events and are not registered by the second evening of racing may not be scored and may subject their fleet to a lost start on the next evening's race.

Exceptions: The CYC Race Fleet Captain or, in his/her absence, the Race Manager or Commodore may make exceptions to these policies.

Shilshole Bay Guest Moorage: Boats seeking guest moorage for CYC Regattas must contact the Shilshole Bay Marina office upon arrival in the marina to receive instructions. The boater can contact the office by phone at (206) 728-3006 during office hours (M-F 8:00- 4:30 or Saturday 8-3) or on VHF Channel 17. After hours phone is (206) 601-4089. Guest moorage fees are based on LOA. Reserving slips in advance of arrival is encouraged.

SPECIAL PROGRAMS

CYC TEAM RACING PROGRAM

(Coordinator – Rusty Lhamon)

March - August

The Team Racing Program offers practice and training on and off the water to anyone interested in team racing where 3 boats spar against 3 boats. The Program begins at the CYC Clubhouse introducing sailors to team racing and offering tactical coaching. Then using boats at Sail Sand Point, participants get on-the-water practice, coaching debriefs and the opportunity to represent CYC in regional team racing regattas.

PUGET SOUND ROOKIE RALLY

(Coordinator – Bruce Van Deventer)

This four-week program, (Mondays in June at Shilshole), provides in-depth racing instruction through a series of classroom talks and on-the-water mentoring. The Rookie Rally is perfect for boat owners who want to break into racing and crewmembers who want to improve their skills and become invaluable to a skipper. Learn about Racing Rules, Sailing Instructions, starting procedures, finding the favored side, starting tactics, finding wind shifts, boat speed basics and more. Bruce Van Deventer, an experienced keelboat and dinghy racer with international world championship experience, teaches the Rookie Rally and is not to be missed. Please see website for further details.

CYC RACING MENTORSHIP PROGRAM

(Coordinator – Jerry Diercks)

Have you been sailing for a while and interested in racing but it feels daunting. A Racing Mentor can help you find your way through the sometimes-intimidating aspects of sailboat racing. Contact Jerry Diercks at jerry4cyc@comcast.net to be connected with a long-time CYC member/racer who will talk you through everything from getting a PHRF rating to going on the water with you to help you find your way through the start line and around the marks.

CYC JUNIOR PROGRAM

(Event Coordinator – Jonathan Flack)

CYC is reintroducing a Junior Program in 2011. The Program will offer two-week camps where instructors will offer a clear path for young sailors to learn from single-handed Opti's to Club 420's. The two-week CYC camps will be more cost effective than programs at other area clubs, and we will provide more hours per day of instruction than competing programs adding value for both parents and our participating youth. Each child entering the program will become a Junior Member of CYC after paying an initial one-time registration fee of \$40 for their first program. Check the CYC website for more information.

2011 Season Package Fees

(CYC Members Only)

Please note: Race packages have changed, read carefully.

Lake Fleet Packages:				
Package	Fleet:	Events:	S2	S3
A	J/24	Tuesday Evenings, Nelson Pt., North Pt., Howling Moon Regatta, Lake Fall Regatta, PSSR Small Boat & PSSC Small Boat	\$425	\$335
B	J/24	Tuesday Evenings, Nelson Pt., North Pt., Howling Moon Regatta, Lake Fall Regatta	\$365	\$275
C	J/24 & Snipe	Tuesday Evenings	\$275	\$210
D	Snipe	Tuesday Evenings, Howling Moon Regatta, Lake Fall Regatta, Sound Late Days Regatta, PSSR Small Boat & PSSC Small Boat	\$425	\$335
E	Snipe	Tuesday Evenings, Howling Moon Regatta, Lake Fall Regatta	\$345	\$260
F	T-Bird & SJ24	Wednesday Evenings, Nelson Pt., North Pt., Howling Moon Regatta, Lake Fall Regatta, PSSR Big Boat & PSSC Big Boat	\$425	\$335
G	T-Bird & SJ24	Wednesday Evenings, Nelson Pt., North Pt., Howling Moon Regatta, Lake Fall Regatta	\$365	\$275
H	T-Bird, SJ24, Thistle, Etechells	Wednesday Evenings	\$275	\$210
I	Thistle & Etechells	Wednesday Evenings, Howling Moon Regatta, Lake Fall Regatta, Sound Late Days Regatta, PSSR Small Boat & PSSC Small Boat	\$425	\$335
J	Thistle & Etechells	Wednesday Evenings, Howling Moon Regatta, Lake Fall Regatta, Sound Late Days Regatta	\$385	\$290

(Add 10% if you are not a member of US Sailing)

2011 Season Package Fees, Continued

(CYC Members Only)

Sound Large Boat Fleet Packages:			
Package	Events:	S2	S3
K	Center Sound Series, PSSR, PSSC, Windjammer, Jack & Jill, Sound Wednesday Evenings	\$455	\$340
L	Center Sound Series, PSSR, PSSC, Sound Wednesday Evenings	\$430	\$325
M	Sound Wednesday Evenings	\$295	\$220

Sound One-Design Small Boat Fleets:				
Package	Events:	S2	S3	JR
N	Sound Sunday/Thursday Series, PSSR, PSSC, Sound OD Late Days Regatta, Turkey Bowl	\$395	\$295	\$195
N Single	As Above for Single Handed Boats	\$225	\$170	\$115
O	Sound Sunday/Thursday Series, PSSR, PSSC, Sound OD Late Days Regatta	\$365	\$275	\$185
O Single	As Above for Single Handed Boats	\$195	\$150	\$95
P	Sound Sunday/Thursday Series	\$150	\$150	Free
P Single	As Above for Single Handed Boats	\$50	50	Free

(Add 10% if you are not a member of US Sailing)

2011 CYC LAKE WASHINGTON RACE CALENDAR ❖

Event	Dates	Fees*		
		CYC member	Guest (local)	Guest (nonres)
Nelson Point Race	April 23	\$20	\$20	\$20
NOOD Regatta	May 20-22	See www.sailingworld.com		
Howling Moon Regatta	Aug 12, 13 & 14	\$90	\$135	\$105
Moonlight Distance Race (Included in Howling Moon Regatta, register for only one of these.)	Aug 13	\$20	\$20	\$20
North Point Race	Sept 10	\$20	\$20	\$20
Lake Fall Regatta	Sept 24	\$40	\$60	\$50
Spring Tuesday Evenings	Apr 12, 19, 26, May 3, 10,	\$70	\$105	N/A
Interim Tuesday Evenings	May 17, 24, 31, June 7, 14, 21	\$80	\$115	N/A
Summer Tuesday Evenings	June 28, July 5, 12, 26, August 2, 9 (no race July 19 WIRW)	\$80	\$115	N/A
Fall Tuesday Evenings	Aug 16, 23, 30 Sept 6, 13	\$70	\$105	N/A
Spring Wednesday Evenings	Apr 13, 20, 27, May 4, 11,	\$70	\$105	N/A
Interim Wednesday Evenings	May 18, 25, June 1, 8, 15, 22	\$80	\$115	N/A
Summer Wednesday Evenings	June 29, July 6, 13, 27, Aug 3, 10, (no race July 20 WIRW)	\$80	\$115	N/A
Fall Wednesday Evenings	Aug 17, 24, 31, Sept 7, 14	\$70	\$105	N/A

* add \$5 if not a member of *US Sailing*.

❖ **Lake Fleets are invited to race in several Sound events including: Center Sound, PSSR, Sound OD Late Days and PSSC Regattas. See SI's and Sound Calendars for more information.**

2011 CYC Annual Awards Party, Friday, January 27, 2012

2011 CYC PUGET SOUND LARGE BOATS RACE CALENDAR ❖

Event	Dates	Fees*		
		CYC member	Guest (local)	Guest (nonres)
Windjammer	Feb 19 & 26	\$20	\$20	\$20
Center Sound Series	<i>Full Series:</i>	\$95	\$155	\$125
Blakely Rock	March 5	\$45	\$80	\$60
Scatchet Head	March 12	\$45	\$80	\$60
Three Tree Point	March 26	\$45	\$80	\$60
Puget Sound Spring Regatta (Large Boats)	April 16-17	\$75	\$125	\$110
NOOD Regatta	May 20-22	See www.sailingworld.com		
Rookie Rally	Mondays in June	Free	Free	Free
<i>Sound OD Late Days Regatta</i>	<i>June 24-26</i>	<i>See SI's & Puget Sound OD Small Boats Schedule</i>		
Jack & Jill Double-Hand	July 9	\$35	\$35	\$35
Commodore Gibson	July 30-31	Free	Free	Free
Puget Sound Sailing Championship (Lrg Boat)	Oct 8-9	\$75	\$125	\$110
Spring Wed Evenings	Apr 6, 13, 20, 27, May 4	\$75	\$115	N/A
Interim Wed Evenings	May 11, 18, 25 June 1, 8, 15, ,	\$85	\$125	N/A
Summer Wed Evenings	June 22, 29, July 6, 13, 27, Aug 3, (no race July 20 WIRW)	\$85	\$125	N/A
Fall Wed Evenings	Aug 10, 17, 24, 31, Sept 7	\$75	\$115	N/A

* add \$5 if not a member of *US Sailing*.

❖ **Sound Large Boats are invited to race in Lake Distance Races and the Howling Moon Regatta. See Lake SI's and Calendar for information.**

2011 CYC Annual Awards Party, Friday, January 27, 2012

**2011 CYC PUGET SOUND ONE-DESIGN
SMALL BOATS RACE CALENDAR ❖**

Event	Dates / boats	Fees*		
		CYC member	Guest (local)	Guest (nonres)
Puget Sound Spring Regatta (Small Boats)	April 9-10			
	1 person boat	\$45	\$65	\$50
	2&3 person boat	\$60	\$80	\$70
	4+ person boat	\$75	\$125	\$110
NOOD Regatta	May 20-22	See www.sailingworld.com		
Sound OD Late Days Regatta	June 24-26			
	1 person boat	\$60	\$80	\$70
	2&3 person boat	\$70	\$90	\$80
	4+ person boat	\$90	\$125	\$105
Howling Moon Regatta	Aug 12, 13 & 14	See <i>Lake Fees</i>		
Puget Sound Sailing Championship (Small OD Boats)	Oct 1-2			
	1 person boat	\$45	\$65	\$50
	2&3 person boat	\$60	\$80	\$70
	4+ person boat	\$75	\$125	\$110
Turkey Bowl	Nov 19-20	\$45	\$55	\$50
Sunday/Thursday Series:		CYC Members		Guests
Members may register for the season for \$150, (\$50 for single handed boats) or per race:		Single Handed	Other Boats	All Boats
Small Boat Spring Sundays	Apr 3, 24, May 1, 8, 15,	\$7.50/race	\$10/race	\$20/race
Small Boat Interim Thurs. Evenings	May 19, 26, June 2, 9, 16, 23	\$7.50/race	\$10/race	\$20/race
Small Boat Summer Thurs. Evenings	June 30, July 7, 14, 28, Aug 4, 11, (no race July 21 WIRW)	\$7.50/race	\$10/race	\$20/race
Small Boat Fall Thurs. Evenings	Aug. 18, 25, Sept 1, 8, 15	\$7.50/race	\$10/race	\$20/race

* add \$5 if not a member of *US Sailing*.

❖ **Sound Small Boat Fleets are invited to race in the Howling Moon Regatta on the Lake. See Lake SP's and Lake Calendar for information.**

2011 CYC Annual Awards Party, Friday, January 27, 2012

2011 OTHER RACING EVENTS CALENDAR

For a complete revised list, please refer to the Seattle Area Racing Calendar at:

http://www.cycseattle.org/2011_specific/sarc.html

Event	Organizer	Dates
Weekend Regattas		
NOOD	CYC/SYC	May 20-22
J-Fest	Sail Northwest	June 18-19
Pitch	Bellingham YC	Sept 3
Star & Bar	SYC	Sept 17-18
Grand Prix	SYC	Oct 21-23
South Sound Series		
Duwamish Head, SSS #2	Three Tree Point YC	Jan 8
Toliva Shoals, SSS #3	Olympia YC	Feb 12
Islands Race, SSS #4	Gig Harbor YC	Mar 19
Winter Vashon, SSS #1	Tacoma YC	Dec 3
Tri – Island Series		
Protection Island	SYC	April 30-May 1
Vashon Island / Point Robertson		May 14
Blake Island		June 4
Jack & Jill Series		
(Sail 3 of the following races to qualify for the series)		
Corinthian Yacht Club Edmonds	CYCE	May 15
Shilshole Bay Yacht Club	SB	June 18
Corinthian Yacht Club	CYC	July 9
Seattle Yacht Club	SYC	Aug 27
Sloop Tavern Yacht Club	ST	Sept 11
Other Events		
Blakely Rock Benefit	ST	April 2
Southern Straights	WVYC	April 22-23
Opening Day		May 7
Mark Mayer (Lake Washington)	SYC	May 8
Race to the Straits	ST	May 7-8
Swiftsure	Royal Victoria YC	May 28-29
Leukemia Cup	SYC	June 11
Whidbey Island Dinghies	Clear Ahead	July 16-17
Whidbey Island Race Week	Clear Ahead	July 17-22
Down the Sound	ST	August 6-7
NW Harvest Benefit	Seattle Singles YC	Sept 10
Trans Puget Race	Shilshole Bay YC	Sept 24
Foul Weather Bluff	CYC of Edmonds	Oct 1
Oktoberfest Junior Regatta	CYC/Sail Sandpoint	Oct. 22-23
Round the County	Orcas Island YC	Nov 12-13
CYC Awards Party	CYC Seattle	Jan 27, 2012

GENERAL SAILING INSTRUCTIONS

LAKE WASHINGTON AND PUGET SOUND RACING PROGRAMS

These General Sailing Instructions shall be applied together with the Specific Event Sailing Instructions for Corinthian Yacht Club Racing Programs.

1. REGISTRATION

Early registration aids in the efficient planning of quality regattas. Please help us create quality events by registering before the stated deadlines. **To enter an event, submit your registration and payment online at www.cycseattle.org by 1600 at least four business days before the first race entered. (E.g., by 1600 Tuesday for a Saturday Regatta). Registrations received after this deadline will automatically be assessed a \$25.00 late fee. For assistance, please contact the CYC Office at (206) 789-1919.**

2. RULES

Races will be governed by the 2009 - 2012 *Racing Rules of Sailing* ('RRS'), the prescriptions of *US SAILING*, the rules adopted by local one-design fleets (when applicable), the rules of PHRF Northwest (when applicable), PIYA Category Equipment Requirements (where specified), these General Sailing Instructions, and the Specific Event Sailing Instructions for each event. For Puget Sound Racing Programs, the Special Sailboat Safety Regulations (see Racebook p. 141) modify the General and Specific Event Sailing Instructions. In case of conflict between these General Sailing Instructions and the Specific Event Sailing Instructions for an event, the Specific Event Sailing Instructions will govern.

3. NOTICES TO COMPETITORS

3.1 Official Notices and Class Breaks will be posted at www.cycseattle.org. Notices posted within 24 hours of the first race in a series will be posted at the respective venue's notice board.

The Lake Washington Notice Board is a bulletin board case located on the north fence across from the hoist in the lower parking lot directly east of the BluWater Bistro hereafter referred to as the "Leschi Notice Board."

The Puget Sound Notice Board is a bulletin board at the upper level entrance door to the CYC Shilshole Clubhouse and the adjacent window, hereafter referred to as the "Shilshole Notice Board."

3.2 Any change in the sailing instructions will be posted on the Venue Notice Board at least 90 minutes before the first warning of the race in which it will take effect. Code flag "L" may be flown from the Clubhouse Flagstaff (Shilshole)/Race Tower (Leschi) or the Race Committee Boat at its moorage (Leschi).

3.3 The Race Committee may post on the Venue Notice Board a list of boats scored OCS, DNS, ZFP, BFD, or DNF at the earliest opportunity after returning to dock and before the stated protest time limit.

4. RESPONSIBILITY

- 4.1** The skipper of each boat is responsible for any unsportsmanlike conduct on the part of his or her crew. If action is taken under RRS 69, Allegations of Gross Misconduct, it may result in a competitor being excluded from further participation in CYC racing programs.
- 4.2** **Occasionally, sailboat racing has resulted in injury or loss of life. All competitors in CYC events participate at their own risk. It shall be the responsibility of the skipper to inform the crew of the risks of sailboat racing, to make sure they understand and accept those risks, to decide whether the crew is competent and adequate for the event, and to decide whether to start or continue in a race.**
- 4.3** **All boats/boat owners shall have liability insurance currently in effect, covering yacht racing activities, property damage, personal injury and death in an amount appropriate for the type of boat being sailed. (Minimum coverage of \$300,000 per occurrence is recommended for keelboats.)**
- 4.4** When a boat is notified that she has been selected for an inspection of required safety equipment, she shall report for and submit to the inspection.
- 4.5** While racing on Puget Sound, Boats must be operated in accordance with US Coast Guard Vessel Traffic Service (VTS) Regulations and shall monitor VHF channel 14 when in the vicinity of, and while occupying, the VTS lanes.

5. SIGNALS MADE ASHORE

Signals made ashore at Lake Washington will be displayed from the Race Tower or the Race Committee Boat at its moorage. Signals made ashore at Shilshole will be displayed from the CYC Clubhouse flagstaff. When flag "AP," the Postponement Signal, is lowered after having been displayed ashore, all contestants shall proceed promptly to the starting area.

6. SAFETY

- 6.1** Competitors in centerboard boats shall wear a personal flotation device, PFD, other than a wetsuit or drysuit **at all times** when racing. Between November 1 and April 1, competitors in centerboard boats shall wear a wetsuit or drysuit in addition to a PFD.
- 6.2** All keelboats (including those with retractable keels), shall comply with the U.S.C.G. Federal Requirements for Recreational Boating. (See www.uscgboating.org/assets/1/workflow_staging/Publications/420.PDF)
- 6.3** All keelboats (including those with retractable keels), unless racing in a one-design class, shall comply with the equipment requirements of EITHER (A) OR (B):
(A) PIYA Category III Special Regulations (See www.ussailing.net/piya) with the following modifications:
(1) PIYASR 3.8 interpreted that a radar reflector with any dimension less than 6 inches does not meet the requirement.

(B) ISAF Category 4 Special Regulations (See www.sailing.org/documents/special-regs) with the following modifications:

- (1) OSR 3.02.1, 3.11, 3.19, 3.22 not required for boats under 9 meters or boats under 12 meters with crew torso position inboard and mostly below the local sheerline except briefly to perform a necessary task.
- (2) OSR 3.14 not required for boats under 9 meters without lifelines or boats under 12 meters without lifelines with crew torso position inboard and mostly below the local sheerline except briefly to perform a necessary task.
- (3) OSR 3.27.5 not required for permanently sealed, non-serviceable LED fixtures.
- (4) OSR 3.28.1 (a) and (b) required. If using an outboard motor, it shall be on its operating mount and easily inserted into the water for immediate use including during severe sea and wind conditions.
- (5) OSR 3.28.3 (a) and (b) required. Change OSR 3.28.3(b) duration requirement to 6 hours.
- (6) OSR 3.29.1(f) not required.
- (7) OSR 4.06.1 must include anchor and 150' of rode consisting of chain and line with rode minimum weight LOA²/80 lbs. and combined anchor and rode minimum weight of (LOA/17)³ + LOA²/80 lbs. (LOA in feet.)
- (8) OSR 4.10.1 octahedral radar reflector minimum diagonal measurement changed to 300 mm (12 inches). In addition, radar reflector must have a minimum dimension on any axis of 150mm (6 inches) or greater.
- (9) OSR 4.26.4 (f) and (g) not required.
- (10) OSR 5.01.1 (a) and (b) replaced by US Sailing prescription to RRS 40, (c) required from one hour before sunset until sunrise

- 6.4 Competitors needing help should signal by waving an open hand. A wave of a closed fist will be interpreted to mean help is not needed.
- 6.5 A boat that leaves the racing area before finishing or before the last race of a day should notify the Race Committee in person or via VHF channel 67, 69 or 72 and receive a response from the Race Committee.
- 6.6 Navigation lights, if standard equipment for the boat, shall be lit between sunset and sunrise and in times of restricted visibility per COLREGS Rule 20.
- 6.7 While sailing on Puget Sound the *Special Sailboat Safety Regulations* apply. These regulations immediately precede these General Sailing Instructions.
- 6.8 A boat that breaks sailing instruction 6.2, 6.3, or 6.7 could receive a warning, be disqualified or not accepted in future competition, depending on the severity of her offense. This changes RRS 64.1(a).

7. CHANGES IN RATING

A change in a PHRF rating takes effect on the day it is recorded by the local handicapper. If a change in a boat's rating occurs during a series, then, for that series only, the boat shall continue to sail in the fleet in which she was sailing before her rating was changed, and she will be eligible for awards in that fleet. After the date the rating change takes effect, the boat's corrected time will be calculated using her new rating.

8. STARTING ORDER

Classes will start in the order in which class placards are displayed, reading from left to right and from the top line to the bottom line on the Race Committee Boat reader-board. When a plus sign (“+”) is displayed between two class placards, those two classes will start together at the same time. The starting order for subsequent races may be different than the starting order for the first race.

9. COURSES

- 9.1 Each course will be signaled by a row of letters following the placards of the classes that are to sail that course. Each letter designates a mark. The first letter displayed is the starting mark, the last is the finishing mark, and those in between are the rounding marks.
- 9.2 Mark descriptions and locations are provided with the Specific Sailing Instructions for each venue in this *Racebook*. NOTE: The leeward marks may be either to windward and/or leeward of the Race Committee Boat.
- 9.3 Start between the starting mark and the orange flag on the Race Committee Boat. Pass each rounding mark in the order displayed and on the same side as the starting mark. Finish between the finishing mark and the orange flag on the Race Committee Boat. When a number, such as “2” or “3”, follows the course letters, it signals a multiple-lap course. Sail the course as many times as is indicated by that number, crossing the finishing line at the completion of each lap.
- 9.4 Gate mark: If flag “G” is displayed at the preparatory and the starting signals for a class, there will be a gate (two marks) instead of a single mark for that class, and boats shall pass between the two gate marks and then round either the port gate mark to port or the starboard gate mark to starboard.
- 9.5 Individual classes may be abandoned or shortened by displaying their class flag along with the appropriate race signal flag.
- 9.6 Warning: The Race Committee may use its engine to hold position, and it may do so even when apparently anchored.
- 9.7 When boats are finishing after dark, the Race Committee Boat may display a yellow/green beacon.
- 9.8 **IMPORTANT RESTRICTION:** After completing the first leg of the course, a boat shall not cross the line between mark F and the Race Committee Boat or the line between mark “G” and the orange flag on the Race Committee Boat unless she is:
 - (a) finishing,
 - (b) completing a lap of a multiple-lap course (as indicated by a number following a designated course), or
 - (c) rounding the mark end of the starting or finishing line when such a rounding is required by the course for her class.

A boat that fails to observe this restriction may exonerate herself by making a Two-Turns penalty. This changes RRS 28.1. The finishing line and, (when set), the line between mark “G” and the orange flag on the Race Committee Boat are obstructions

for boats that are subject to this restriction. A boat that fails to exonerate herself may be scored DNF without a hearing. This changes RRS 63.1 and appendix A.5.

9.9 SHIP CANAL RESTRICTED AREA

When on Puget Sound, boats shall not enter the area defined by the following three lines:

- From the south end of the Shilshole breakwater northwestward to buoy C “1”
- From buoy C “1” southwestward to buoy N “2”
- From buoy N “2” southeastward to buoy N “4”

A boat that enters this area may not correct her error. This changes RRS 28.1. This area is considered to be an obstruction.

10. THE START

Races will be started by using RRS 26, except a blue shape MAY replace flag P. The Race Committee may hail the next class whose warning signal is about to be made.

When the Specific Sailing Instructions note a 3 minute starting sequence, the interval between the warning signal and the start will be THREE minutes with the Preparatory Signal given at TWO minutes and the Preparatory Signal removed at ONE minute. This changes RRS 26.

11. INDIVIDUAL RECALLS

The Race Committee may attempt to hail the sail numbers of recalled boats. Failure to do so, the timing of the hails, the order of the hails, the failure to hear the hail, or any other issues associated with the hail will not constitute grounds for redress. This modifies RRS 62.1(a).

12. PROTESTS

12.1 Weekend regattas (excepting Sound Small Boat Spring Sundays): Protests shall be delivered to the Protest Committee no later than one hour after the Race Committee Boat docks. The schedule of protest hearings will be posted on the Leschi Notice Board/Shilshole Protest Board along the west wall of the lower level of the CYC Shilshole Clubhouse shortly after the protest time limit. This posting is considered notice given as required by RRS 63.2 and satisfies the notice requirement of RRS 61.1(b). Hearings will proceed whether or not all boats are represented. Protesting parties may be offered the opportunity to participate in voluntary protest mediation.

For **PSSR (Large Boat)** and **PSSC (Large Boat)**, protests will include arbitration as outlined in the Specific Sailing Instructions.

12.2 All Weeknight Events and Sound Small Boat Spring Sundays: Protests shall be sent to the CYC office by mail with a U.S. Postal Service postmark date no later than the first weekday following the race in which the incident occurred or hand delivered, faxed or emailed before the end of office hours on that day. (CYC Office Staff may note the time of sending and receipt on participant’s protest form.) This changes RRS 61.3. Parties to a hearing will be notified of the date, location and time of their hearing.

12.3 A protested boat may elect to acknowledge breaking a rule and to accept the appropriate penalty. In such a case she should notify the Protest Committee Chairman to that effect and the hearing may be waived. This changes RRS 63.1.

13. SCORING

13.1 The Low Point scoring system of RRS Appendix A will apply. Boats that are OCS, did not finish, retire, or are disqualified will score points equal to the number of boats that finish in their class in that race plus one. Boats that do not start will score points equal to the number of boats that finish in their class in that race plus two. This changes RRS Appendix A4.2 and A9.

13.2 PHRF corrected times will be calculated using the time-on-time method on Lake Washington. PHRF corrected times will be calculated using the time-on-distance method on Puget Sound.

13.3 A boat’s series score is the sum of her points in all the races. This changes RRS Appendix A2.

13.4 One completed race will constitute a series.

14. AWARDS

Corinthian Awards will be presented for all events as indicated in the Specific Sailing Instructions. The results of each event will be posted on the CYC web site.

15. MOVABLE BALLAST

A boat designed to use and constructed with equipment to pump on board, discharge and move water ballast may use that equipment, provided her PHRF rating assumes its use. This changes RRS 51.

16. BOAT STORAGE/MOORAGE

Unless notified to the contrary, competitors must make their own arrangements for boat storage/moorage.

PUGET SOUND LARGE BOAT RACING PROGRAM

SPECIFIC EVENT SAILING INSTRUCTIONS

*These Specific Event Sailing Instructions shall be applied together with the General Sailing Instructions for the Puget Sound Large Boat Program.
In case of conflict, the Specific Event Sailing Instructions govern.*

CENTER SOUND SERIES

(Event Coordinator - TBD)

Includes the Blakely Rock Light, Scatchet Head and Three Tree Point Races. The Center Sound Series offers a terrific opportunity to give sailboat racing a try. If you would like assistance in getting started, please contact Jerry Diercks at jerry4cyc@comcast.net to be connected with a Racing Mentor. (See program description on Page 4 of this Racebook).

ELIGIBILITY: Open to boats with **valid PHRF** or IRC ratings and multihulls and one-design classes with five or more entrants. In addition, a Casual Class will be offered for each race of the series. See Casual Class Rules. As with all CYC races, **all boats must meet PIYA Category III safety requirements.**

CLASS FLAGS, RATING BREAKS AND STARTING ORDER: Class flags, rating breaks and starting order will be posted at www.cycseattle.org by 1200 on Thursday prior to the start of each race.

CHECK-IN, CHECK-OUT: The Race Committee would like all boats to sail by the Race Committee Boat and hail with their sail number. A boat that withdraws or retires should notify the Race Committee at their earliest opportunity via VHF 69.

FIRST WARNING: 0900

SAFETY INSPECTIONS: If a boat is hailed by the Race Committee at the finish and instructed to report for a safety inspection, she shall report directly to the CYC Safety Inspectors at the North end of the Shilshole Bay Marina.

SCORING: The scoring system for the “The Werner Ohmes Fog Horn Trophy, Overall Winner, Center Sound Series” is as follows:

A boat’s score for a race is: $100(N + 1 - P)/(N + 1)$ points, where P is her place in her class in that race and N is the number of starters in her class in that race. A boat that does not finish scores $(66)/(N + 1)$ points, a disqualified boat scores: $(33)/(N + 1)$ points, and a boat that does not start scores 0 points. A boat’s series score is the sum of her score in all races in the series. High score wins.

AWARDS: Individual class trophies will be awarded at the Shilshole Clubhouse, Saturday, March 26 after racing. If Three Tree Point is abandoned or cancelled the trophies will be presented Saturday, March 26 at 1700 hours.

The Blakely Rock Light Trophy, Scatchet Head Trophy (FKA Possession Point) and Three Tree Point Trophy (FKA Pulley Point) for first overall PHRF boat in each of those races, based on corrected time, will be awarded at the CYC Annual Awards Party. The Werner Ohmes Fog Horn Trophy for the overall winner of the Center Sound Series will also be awarded at the CYC Annual Awards Party.

MOORAGE: See note regarding Guest Moorage on page 4 of the *Racebook*.

PARTY TIME / RACE RESULTS: The CYC Clubhouse will be open during and after each race. Race results will be posted at the Clubhouse and on the CYC web page.

BLAKELY ROCK RACE

STARTING AND FINISHING AREA: In the vicinity of Shilshole Breakwater.

COURSE: (Please refer to *Puget Sound Marks* immediately following the Sound Specific Event Sailing Instructions for mark descriptions and locations.) After starting, leave mark N and mark K to port (north wind), or mark K and mark N to starboard (south wind), then finish. **The sequence of marks will be signaled from the Race Committee Boat Reader Board.** Course length: approximately 21 nautical miles. Alternate courses may be signaled from the Race Committee Boat by flying code flag “S”.

TIME LIMIT: Eight hours for the first boat in each class. If a boat in a class finishes within eight hours, all other boats in her class must finish within one hour of the first boat to finish or within eight hours, whichever is longer. This changes RRS 35.

SCATCHET HEAD RACE

STARTING AND FINISHING AREA: In the vicinity of Meadow Point.

COURSE: After starting, leave the gong buoy off Scatchet Head to port, and then finish. Course length: approximately 25.4 nautical miles. Alternate courses may be signaled from the Race Committee Boat by flying code flag “S”.

TIME LIMIT: Nine hours for the first boat in each class. If a boat in a class finishes within nine hours, all other boats in her class must finish within one hour of the first boat to finish or within nine hours, whichever is longer. This changes RRS 35.

THREE TREE POINT RACE

STARTING AND FINISHING AREA: In the vicinity of Shilshole Breakwater.

COURSE: After starting leave the Turning Mark to starboard and return to finish. The Turning Mark is a white cylinder, 6 inches in diameter standing 8 feet above the water and is located south and east of Three Tree Point. Approximate coordinates are: N 47° 26.87' by W 122° 22.57'. Course length: approximately 29.5 nautical miles. Alternate courses may be signaled from the Race Committee Boat by flying code flag “S”.

START: Racing Classes shall start in reverse order.

TIME LIMIT: Nine hours for the first boat in each class. If a boat in a class finishes within nine hours, all other boats in her class must finish within one hour of the first boat to finish or within nine hours, whichever is longer. This changes RRS 35.

PUGET SOUND SPRING REGATTA (Large Boats)

AND

PUGET SOUND SAILING CHAMPIONSHIPS (Large Boats)

(Event Coordinator - TBD)

These instructions cover the PSSR (Large Boat) and PSSC (Large Boat) weekends only. PSSR (Small Boat) and PSSC (Small Boat) Instructions are found under the Sound OD Small Boat Racing Program Specific Sailing Instructions.

PSSR and PSSC (Large Boat) weekends are level-rating regattas for PHRF-rated boats grouped into classes with small rating spreads. When it is impractical to race level due to an insufficient number of boats with similar ratings, some classes will race on handicap using the time-on-distance method. There will be one-design starts for classes that have five or more boats registered and planning to compete.

PSSR (Large Boats)/PSSC (Large Boats) ELIGIBILITY: Boats with valid PHRF ratings that meet PIYA Category III requirements are eligible. One-design starts will be offered to boats of 24 feet LOA and over (*except the Melges 24 and J/24 fleets who will sail in the PSSR/PSSC (Small Boats) weekends*) when five or more boats register before the registration deadline. Boats sailing in designated one-design classes must comply only with their one-design class safety requirements. All boats must comply with the Special Sailboat Safety Regulations as noted in General Sailing Instruction 6.7.

CLASS FLAGS AND RATING BREAKS: Class flags and rating breaks will be posted at www.cycseattle.org, by 1200 on Thursday prior to the first day of each regatta.

CHANGES TO SAILING INSTRUCTIONS: Any changes in the sailing instructions will be posted on the Shilshole Notice Board before 0800 on each race day. Code flag "L" may be flown from the Clubhouse flagstaff to notify competitors of such changes.

RACING AREAS: Boats may determine their class and course location by consulting the class lists posted at the Shilshole Notice Board or on the CYC web site. The north course will race north of Meadow Point. The south course will race in Shilshole Bay.

CHECK-IN: Each day before the start of racing, the Race Committee would like all boats to check-in with their respective Race Committee by sailing by the Race Committee Boat and hailing their sail number (i.e. NOT via VHF). A boat that withdraws or retires should notify the Race Committee at their earliest opportunity via VHF channel 67 if racing on the north course and channel 72 on the south course.

FIRST WARNING: First warning at **1000** each day. Subsequent races will be started at the discretion of the Race Committee.

THE START: A boat starting later than 10 minutes after her starting signal may be scored DNS without a hearing. This changes rule RRS 63.1 and Appendix A5.

IMPORTANT RESTRICTION: After starting the first leg of the course, a boat shall not cross the line between mark F and the Race Committee Boat or mark S and the Race Committee Boat unless she is rounding the mark end of the start line when such a rounding is required by the course for her class.

A boat that fails to observe this restriction may exonerate herself by taking a Two-Turns Penalty. This changes RRS 28.1. The start and finish lines are obstructions for boats that are

subject to this restriction. A boat that fails to exonerate herself may be scored DNF without a hearing. This changes RRS 63.1 and Appendix A5.

TIME LIMIT: The time limit will be two hours for the first boat in the class. If one boat in a class finishes within two hours, all other boats in her class must finish within thirty minutes of the first boat to finish or within two hours whichever is longer. This changes RRS 35.

SCORING: A boat's series score is the sum of her points in all the races. There will be no discarded scores. This changes RRS Appendix A2.

PROTESTS: Protests will include arbitration. An arbitration meeting will be scheduled for each protest involving a rule of Part 2 unless the arbitrator deems the protest inappropriate for arbitration. One representative of each party, who was on board at the time of the incident, will meet with the arbitrator. No witnesses will be permitted. After taking testimony from each representative, the arbitrator will render his/her opinion in one of the following ways:

- (a) The protest is invalid or no boat broke a rule. If the protestor agrees, the arbitrator will allow the protest to be withdrawn and it shall not be reopened or appealed. If the protestor disagrees, the protest committee will schedule a protest hearing.
- (b) One or more boats broke a rule. The boat(s) breaking the rule may accept a 20% Scoring Penalty and the protest may be withdrawn. If not, the protest committee will schedule a protest hearing. If the penalty is accepted the matter is closed and cannot be resubmitted to a hearing, be reopened, appealed, or submitted for redress.
- (c) The arbitrator decides a protest hearing is required. The protest committee will schedule a protest hearing.

For this arbitration, RRS 63.1 is changed by adding: "The arbitrator may allow a protest to be withdrawn without the approval of the protest committee."

DINNER: A light meal will be provided at additional cost on Saturday.

AWARDS: First, Second and Third place trophies will be awarded for each class with five or more pre-registered boats. Awards will be presented at the CYC Shilshole Clubhouse on Sunday after the race.

MOORAGE: See note regarding Guest Moorage on page 4 of the *Racebook*.

PUGET SOUND WEDNESDAY EVENING SERIES

This Series offers a terrific opportunity to give sailboat racing a try. If you would like assistance in getting started, please contact Jerry Diercks at jerry4cyc@comcast.net to be connected with a Racing Mentor. (See program description on Page 4 of this Racebook).

ELIGIBILITY: Boats with **valid PHRF** ratings and one-design boats when classes are specified for them.

CLASS FLAGS AND RATING BREAKS: Class flags and rating breaks for PHRF boats will be posted at www.cycseattle.org by 1200 on Tuesday prior to the first race of each series. One-design classes with five or more registered boats may be given their own start.

CHECK-IN: Before racing, the Race Committee would like all boats to sail by the Race Committee Boat and hail their sail numbers.

FIRST WARNING: 1815

STARTING AREA: In the vicinity of the Shilshole breakwater.

STARTING INTERVAL: 3 minutes. This changes RRS 26.

TIME LIMIT: The time limit will be two hours for the first boat in the class. If one boat in a class finishes within two hours, all other boats in her class must finish within thirty minutes of the first boat to finish or within two hours whichever is longer. This changes RRS 35.

SCORING: For every five races completed there will be one discarded score. This changes RRS Appendix A2.

AWARDS: First, Second and Third place trophies will be awarded for each class with six or more pre-registered boats. Awards will be presented at the CYC Shilshole Clubhouse on the final Wednesday of each series after the racing is completed.

PUGET SOUND JACK 'N JILL DOUBLE-HANDED RACE

(This race is part of the Puget Sound Jack and Jill Series)

ELIGIBILITY: Any boat with a **valid PHRF** rating racing with a crew consisting of only two people is eligible. Boats with a crew of one female and one male are eligible for the Jack 'N Jill Series award.

SAFETY: It is recommended that all competitors wear life jackets.

SKIPPER'S MEETING: A mandatory skippers' meeting will be held at 1000 at the CYC Shilshole Clubhouse.

CLASS FLAGS AND RATING BREAKS: Class flags and rating breaks will be posted at the skipper's meeting. There will be a flying-sail (FS) division and a non-flying-sail (NFS) division. A boat with a rating based on flying sails (FS) may register in the NFS division, in which case her NFS rating will be her FS rating plus 18 seconds. This changes PHRF Handicapper's Manual, Paragraph 9g. An NFS registrant should enter this adjusted rating on her entry form and use this rating to determine the NFS class in which she starts. It is the responsibility of the skipper to race with the appropriate rating.

STARTING AREA: In the vicinity of the Shilshole breakwater.

CYC Seattle Race Book

WARNING: The time of the first warning will be posted at the skippers' meeting.

COURSE: After starting, leave Blake Island to starboard and then finish. An alternate course may be signaled from the Race Committee Boat by flying code flag "S".

TIME LIMIT: Eight hours for the first boat in each class. If a boat in a class finishes within eight hours all other boats in her class must finish within one hour of the first boat to finish or within eight hours, whichever is longer. This changes RRS 35.

PUGET SOUND WINDJAMMER SERIES

(Event Coordinator- TBD)

ELIGIBILITY: **Valid PHRF** rated boats and one-design boats when classes are specified for them.

CLASS FLAGS AND RATING BREAKS: Class flags and rating breaks will be posted at www.cycseattle.org by 1200 on Friday prior to the first race. One-design classes with five or more boats registered may be given their own start.

STARTING AREA/COURSE: The starting mark will be the N mark located just West of Shilshole breakwater. The course will be set with permanent marks as signaled by the Committee Boat placards. (See *Puget Sound Marks* immediately following the Sound Specific Event Sailing Instructions.)

FIRST WARNING: 1100.

TIME LIMIT: Four hours for the first boat in each class. If a boat in a class finishes within four hours all other boats in her class must finish within one hour of the first boat to finish or within four hours, whichever is longer. This changes RRS 35.

SCORING: If five or more races are completed, her worst score will be discarded when determining her series score. This changes RRS Appendix A2.

AWARDS: Discretionary fun awards will be handed out after racing.

NORTHWEST CHALLENGE CUP

The Northwest Challenge Cup will be awarded to the boat with the best record in the Center Sound Series, Puget Sound Spring Regatta (Large Boat), and the Puget Sound Sailing Championships (Large Boat).

SCORING: A boat's Northwest Challenge Cup score is the sum of her finishing positions in her class in each of the three series on which the Challenge Cup is based. Ties will be resolved in favor of the boat with the highest average number of starters in her class in the races of the three series, except that a tie among boats that win their class in all three series will not be broken.

PUGET SOUND SPECIAL SAILBOAT SAFETY REGULATIONS

Introduction: We must share Puget Sound with its commercial traffic, including many deep-water vessels and long tows. It is sobering to note that, if your boat is one mile dead ahead of a freighter coming down the Sound at normal speed, and the freighter's helm is put hard over to avoid you, the freighter's bow will miss you, but her stern will not! Obviously this implies that early and decisive action is required to keep your boat out of the path of a large oncoming vessel or tow. In case there is conflict between the Special Sailboat Safety Regulations and the General or Specific Sailing Instructions, the Special Sailboat Safety Regulations govern.

1. Yachts must not sail across a topline, too close ahead, or too close alongside of commercial traffic. Deep-water vessels have limited ability to change course and speed. Barges under tow can yaw unexpectedly well out to the side at speeds essentially the same as they are being towed. Yachts should not pass less than ONE mile ahead and 1/4 mile to the side of large vessels.
2. Rule 10 of the International and Inland Rules to Prevent Collisions at Sea (COLREGS) requires that no power driven vessel less than 20 meters (66 feet) in length, and no sailing vessel (of any size) may impede the safe passage of a power driven vessel following a Vessel Traffic System (VTS) Lane.
3. Rule 9 of the COLREGS requires that no power vessel of less than 20 meters (66 feet) in length and no sailing vessel (of any length) shall impede the safe passage of any vessel which can navigate only within a narrow channel or fairway. Puget Sound can be considered a "narrow channel" for most large commercial traffic. "Impede" means cause to alter speed or course or to take evasive action.
4. A yacht in position where it may impede commercial traffic must exit from the "danger area" immediately, under auxiliary power if necessary. If power is used, it must be reported to the Race Committee at the finish line. Also, a written report must be made on a protest form, showing the location, time, duration of power use, speed, direction of exit, and that the competitive position of the yacht was not improved. If the last item cannot be demonstrated adequately, a time penalty may be imposed.
5. Octahedral Radar reflectors must be flown at least 13 feet (4 meters) above the waterline at all times when racing in the vicinity of the VTS Traffic Lanes. The radar reflector must have a minimum diagonal measurement of 300 mm (12 inches). In addition, the radar reflector must have a minimum dimension on any axis of 150mm (6 inches) or greater.
6. Navigation lights must be shown between sunset and sunrise and in times of restricted visibility as required by the International Rules of the Road.
7. Observed and/or reported violations of the safety regulations may be protested. The Protest Committee shall have the option of issuing a "warning" when deemed appropriate. Warnings are recorded and may be considered when judging any future reports.

PUGET SOUND ONE-DESIGN SMALL BOAT RACING PROGRAM

SPECIFIC EVENT SAILING INSTRUCTIONS

These Specific Event Sailing Instructions shall be applied together with the General Sailing Instructions for the Puget Sound One-Design Small Boat Racing Program. In case of conflict, the Specific Event Sailing Instructions govern.

SOUND SUNDAY AFTERNOON and THURSDAY EVENING SERIES

ELIGIBILITY: Registration is open to CYC Members and Non-Members alike. CYC Members may register for all four series in a Package, each individual series, or on a drop in basis. Non-Members may register on a race-by-race drop in basis for \$20/day.

Participation is limited to Optimist, 420, 505, Kite Board, 49er, I-14, Moth, Tasar, Laser, Snipe, Star, or Etchells with four or more registered boats. Additional Classes may be added with a written request to the Fleet Captain Race, Jerry Diercks, jerry4cyc@comcast.net

CLASS FLAGS: Class flags will be posted at www.cycseattle.org by 1200 on Wednesday prior to the first race of each series.

CHECK-IN: The Race Committee would like all boats to sail by the Race Committee Boat before the start of the race.

FIRST WARNING: 1300 for Sunday Spring Series, no races will start after 1800.
1815 for Thursday Interim, Summer and Fall Series.

STARTING AREA: In the vicinity of the Shilshole breakwater.

STARTING INTERVAL: 3 minutes. This changes RRS 26.

TIME LIMIT: The time limit will be two hours for each boat in the class. This changes RRS 35.

SCORING: For every five races completed there will be one discarded score. This changes RRS Appendix A2.

PUGET SOUND SPRING REGATTA (Small Boats) & PUGET SOUND SAILING CHAMPIONSHIPS (Small Boats)

PSSR (Small Boats) ELIGIBILITY: Laser; I-14; Musto Skiff; Moth; Tasar; 49er; Optimist; 420; Etchells; Star; Thistle; Snipe; Melges 20/SB3; Hobie 16; J/24; Melges 24; and one-design dinghy fleets or light displacement keelboats of 24 feet LOA and less with fleets of five or more registered boats.

PSSC (Small Boats) ELIGIBILITY: Laser; I-14; Musto Skiff; Moth; Tasar; 49er; Optimist; 420; Etchells; Star; Thistle; Snipe; Melges 20/SB3; Hobie 16; J/24; Melges 24; and one-design dinghy fleets or light displacement keelboats of 24 feet LOA and less with fleets of five or more registered boats.

CHECK-IN: The Race Committee would like all boats to sail by the Race Committee Boat before racing.

FIRST WARNING: 1200 on Saturday, 1100 on Sunday.

RACING AREAS: Boats may determine their course location by consulting the class lists posted at the CYC Shilshole Clubhouse or on the CYC website. The north course will race north of Meadow Point. The south course will race in Shilshole Bay.

THE START: A boat starting later than 10 minutes after her starting signal may be scored DNS without a hearing. This changes RRS 63.1 and Appendix A5.

IMPORTANT RESTRICTION: After starting the first leg of the course, a boat shall not cross the line between mark F and the Race Committee Boat or mark S and the Race Committee Boat unless she is rounding the mark end of the start line when such a rounding is required by the course for her class.

A boat that fails to observe this restriction may exonerate herself by taking a Two-Turns Penalty. This changes RRS 28.1. The start and finish lines are obstructions for boats that are subject to this restriction. A boat that fails to exonerate herself may be scored DNF without a hearing. This changes RRS 63.1 and Appendix A5.

STARTING INTERVAL: 3 minutes. This changes RRS 26.

TIME LIMIT: The time limit will be two hours for each boat in the class. This changes RRS 35.

SCORING: If five or more races are completed, her worst score will be discarded when determining her series score. This changes RRS Appendix A2.

DINNER: A light meal will be provided at additional cost on Saturday for PSSC.

AWARDS: First, second and third place trophies will be awarded for each pre-registered class, with five or more registered boats. Awards will be presented at the Clubhouse following racing on Sunday.

GUEST MOORAGE AND DRY STORAGE: CYC will reserve the North Parking lot adjacent to the Shilshole Marina dry storage area for trailer and dry-sailed boat storage. For wet moorage, please see note on page 4 of the *Racebook*.

SOUND ONE-DESIGN LATE DAYS REGATTA

(Event Coordinator - TBD)

This is a three-afternoon, one-design regatta for all dinghies and small keelboats under 26 feet LOA. There will be one-design starts for classes that have five or more boats registered before the deadline.

Fleets are encouraged to invite out of town boats to participate with the hope that this will become a premier travelling event for your fleets. Individual Fleets may modify these sailing instructions to cater to their specific wishes. Fleet Captains shall notify the Race Fleet Captain in writing with such a request no later than 14 days prior to the first race. Revisions will be accommodated as much as possible.

ELIGIBILITY: Laser; I-14; Musto Skiff; Moth; Tasar; 49er; Optimist; Etchells; Star; Thistle; Snipe; Melges 20/SB3; San Juan 24; J/24; Melges 24; Moore 24; Merit 25; Thunderbird and any other one-design dinghy or one-design small keelboat fleets 26 feet LOA and less with five or more registered boats.

CHECK-IN: Each day before the start of racing, the Race Committee would like all boats to check-in with their respective Race Committee by sailing by the Race Committee Boat and hailing their sail number. A boat that withdraws or retires should notify their respective Race Committee in person at their earliest opportunity.

RACING AREAS: Boats may determine their class and course location by consulting the class lists posted at the CYC Shilshole Notice Board or on the CYC web site. The north course will race north of Meadow Point. The south course will race in Shilshole Bay.

FIRST WARNING: First warning on Friday at 1730, Saturday at 1200 and Sunday at 1000. Subsequent races will be started at the discretion of the Race Committee. No warning signal will be made after 2000 on Friday and Saturday and after 1430 on Sunday.

THE START: A boat starting later than 10 minutes after her starting signal may be scored DNS without a hearing. This changes rule RRS 63.1 and Appendix A5.

STARTING ORDER: The starting sequence for each race will be displayed on the Race Committee reader board. The starting sequence for subsequent races may be different than the starting sequence for the first race.

GATE AT LEEWARD MARK: If Flag "G" is displayed at the warning for a class, there will be a gate (two marks) instead of a single leeward mark for that class, and boats shall pass between the two gate marks and then round either the port gate mark to port or the starboard gate mark to starboard.

IMPORTANT RESTRICTION: After starting the first leg of the course, a boat shall not cross the line between mark F and the Race Committee Boat or mark S and the Race Committee Boat unless she is rounding the mark end of the start line when such a rounding is required by the course for her class.

A boat that fails to observe this restriction may exonerate herself by taking a Two-Turns Penalty. This changes RRS 28.1. The start and finish lines are obstructions for boats that are subject to this restriction. A boat that fails to exonerate herself may be scored DNF without a hearing. This changes RRS 63.1 and Appendix A5.

STARTING INTERVAL: 3 minutes. This changes RRS 26.

TIME LIMIT: The time limit will be two hours for each boat in the class. This changes RRS 35.

SCORING: For every five races completed there will be one discarded score. This changes RRS Appendix A2.

AWARDS: First, second and third place trophies will be awarded for each pre-registered class, with five or more boats registered by May 27, 2011. Awards will be presented at the Clubhouse following racing on Sunday.

GUEST MOORAGE AND DRY STORAGE: CYC will reserve the North Parking lot adjacent to the Shilshole Marina dry storage area for trailer and dry-sailed boat storage. For wet moorage, please see note on page 4 of the *Racebook*.

TURKEY BOWL

ELIGIBILITY: 49er; I-14; Moth; Etchells; Star; Tasar; Laser; Optimist; and any other one-design dinghy or small keelboat fleets with five or more registered boats.

CLASS FLAGS: Class flags will be posted at the Shilshole Notice Board at least one hour before the first warning of each event.

CHECK-IN: The Race Committee would like all boats to sail by the Race Committee Boat before racing.

FIRST WARNING: 1200 on Saturday, 1100 on Sunday. No race will start after 1600.

STARTING AREA: In the vicinity of the Shilshole breakwater.

STARTING INTERVAL: 3 minutes. This changes RRS 26.

TIME LIMIT: The time limit will be two hours for each boat in the class. This changes RRS 35.

SCORING: A boat's series score is the sum of her points in all the races. There will be no discarded scores. This changes RRS Appendix A2.

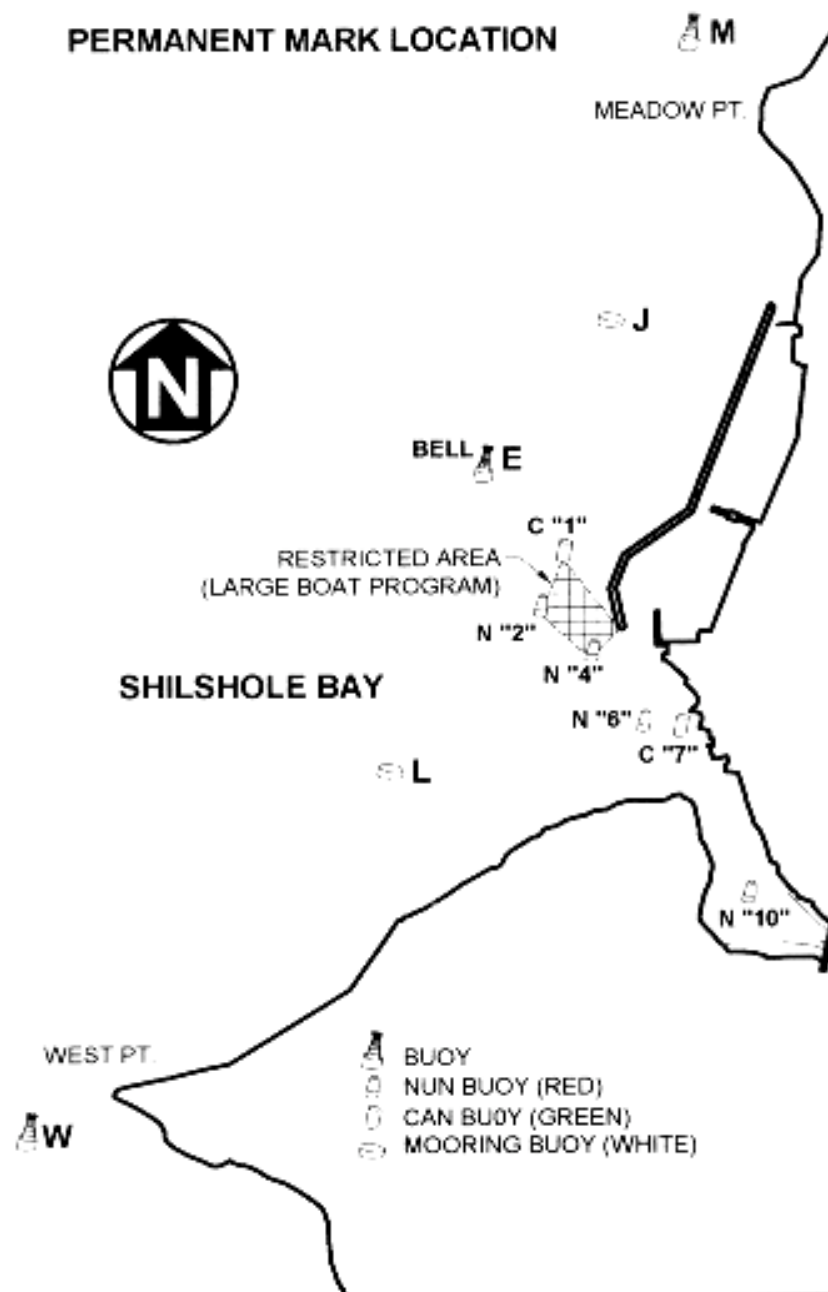
AWARDS: First, second and third place trophies will be awarded for each class. Awards will be presented at the Clubhouse following racing on Sunday.

PUGET SOUND MARKS

Letter Code	DESCRIPTION & LOCATION
Temporary Marks	
A	Yellow mark to windward of the Race Committee Boat
B	Yellow gybe mark
C	Yellow mark to leeward of the Race Committee Boat
F	Yellow mark near the Race Committee Boat, on the opposite side of the Committee Boat from mark S
G	Pink ball set between "S" and the Race Committee Boat
O	Pink ball approximately 150 feet from windward mark
S	Orange mark near the Race Committee Boat
U	Red mark located to leeward of the Race Committee Boat
X	Red mark to windward of the Race Committee Boat
Y	Red gybe mark
Z	Red mark located 0.2 miles or less upwind of the Race Committee Boat
N	Yellow or orange mark 1 mile east (magnetic) of mid-channel VTS buoy "SF" off President Point, at approximately 47° 45.60'N by 122° 24.84'W
Permanent Marks	
E	Red and white mid-channel bell buoy located west of the south end of the Shilshole breakwater
J	White mooring buoy near the north end of the Shilshole breakwater
K	Blakely Rocks
L	White mooring buoy located southwest of mark "E"
M	Meadow Point green flashing buoy "1"
R	Spring Beach- A 3.5-ft. high White Spar Buoy located in 50' of water in the vicinity of Spring Beach, approximately 2 nm N of Meadow Point at approximately 47° 44.40' N by 122 22.90' W.
W	West Point green flashing buoy "1"

NOTE: the distances from the Race Committee Boat to marks A, B, and C are generally longer than the distances to marks X, Y, and U

PUGET SOUND PERMANENT MARK LOCATION



LAKE WASHINGTON RACING PROGRAM

SPECIFIC EVENT SAILING INSTRUCTIONS

These Specific Event Sailing Instructions shall be applied together with the General Sailing Instructions.

In case of conflict, the Specific Event Sailing Instructions govern.

LAKE WASHINGTON TUESDAY EVENING SERIES

LAKE WASHINGTON WEDNESDAY EVENING SERIES

ELIGIBILITY:

Tuesday: J-24 and Snipes

Wednesday: San Juan 24, Thunderbirds, Thistles and other one-design boats 26' LOA or less with five or more registered boats.

CLASSES AND CLASS FLAGS: A list of classes and the assigned class flags will be posted at www.cycseattle.org by 1200 on Tuesdays during the racing season.

FIRST WARNING: 1800

TIME LIMIT: Two hours for all boats in each class. This changes RRS 35.

SCORING: If four to six races are completed, one score will be discarded, if seven to nine races, two will be discarded, and if ten or more races, three will be discarded.

LAKE WASHINGTON HOWLING MOON REGATTA

ELIGIBILITY: J-24, San Juan 24, Thunderbirds, Thistles, Snipes, and other one-design fleets with five or more registered boats.

CLASSES AND CLASS FLAGS: A list of classes and the assigned class flags will be posted at www.cycseattle.org by 1000 the day of the first race.

FIRST WARNING: **1300** Friday Buoy Racing No Starts after 1700

1100 Saturday Buoy Racing No Starts after 1630

1900 Saturday Moonlight Distance Race (See below for Specific Sailing Instructions)

1100 Sunday Buoy Racing. No Starts after 1600

After the first start of each buoy race, subsequent races will be started at the discretion of the Race Committee.

TIME LIMIT: Two hours for all boats in each class for buoy races. (See Moonlight Race Sailing Instructions for the Distance race.) This changes RRS 35.

SCORING: For every six races completed there will be one discarded score. The Moonlight Distance Race shall count as two races in the series. This changes RRS Appendix A2.

AWARDS/PARTY: An awards party may be held after racing on the final day of the Lake Fall Regatta at a location to be announced.

LAKE WASHINGTON MOONLIGHT DISTANCE RACE

The Moonlight Race is included in registration for the Howling Moon Regatta. Those registering solely for the Moonlight Race will be in their own class(es).

ELIGIBILITY: Open to boats with **valid PHRF** ratings and to one-design fleets with five or more registered boats. PHRF membership is not required for boats in one-design fleets. One-design fleet eligibility is limited to boats normally raced with a crew of three or more persons.

CLASS BREAKS, CLASS FLAGS AND STARTING ORDER: Class breaks, class flags and the starting order will be posted at www.cycseattle.org by 1000 on Friday preceding the race. **This event will be started using a reverse order.**

FIRST WARNING: 1900

START AND FINISH LINE: The start and finish line will be between the RC flag on the Race Tower and mark "L". When finishing, each boat shall shine a light on her sail number.

COURSE: L, 6, L. Round mark 6 to port. Note: All boats shall pass under the east span of the Evergreen Point Bridge both northbound and southbound.

SHORTENED COURSE: The Race Committee may shorten the course at any mark or at a finish line established within 1000 feet of the north side of the bridge.

SAFETY: Boats that withdraw from the race **shall** notify the Race Committee.

TIME LIMIT: Five hours for all boats. This changes RRS 35.

LAKE WASHINGTON FALL REGATTA

ELIGIBILITY: J-24, San Juan 24, Thunderbirds, Thistles, Snipes, and other fleets with five or more registered boats.

CLASSES AND CLASS FLAGS: A list of classes and the assigned class flags will be posted at the Leschi Notice Board by 1000 the day of the first race.

FIRST WARNING: 1000, Saturday.

An attempt will be made to run several races. There will be no starts after 1700.

TIME LIMIT: Two hours for all boats in each class. This changes RRS 35.

SCORING: For every six races completed there will be one discarded score. This changes RRS Appendix A2.

AWARDS/PARTY: An awards party may be held after racing on the final day of the Lake Fall Regatta at a location to be announced.

LAKE WASHINGTON DISTANCE SERIES

This series consists of the Nelson Point and North Point Races.

ELIGIBILITY: Open to boats with **valid PHRF** ratings and to one-design fleets with five or more registered boats. PHRF membership is not required for boats in one-design fleets. One-design fleet eligibility is limited to boats normally raced with a crew of three or more persons, except by special arrangement with the CYC Race Fleet Captain.

CLASS BREAKS, CLASS FLAGS AND STARTING ORDER: Class breaks, class flags, and the starting order will be posted at www.cycseattle.org by 1000 on Friday before the first day of racing. **These events will be started using a reverse order.**

WARNING: 1000

START AND FINISH LINES: The start and finish line will be between the RC flag on the Race Tower and mark "L".

COURSES:

Nelson Point Race:

South Wind: L, 14, Red Nun Buoy at the entrance to the Ship Canal, L.
Take rounding marks to port.

North Wind: L, Red Nun Buoy at the entrance to the Ship Canal, 14, L.
Take rounding marks to starboard.

North Point Race: L, 10, L. Round mark 10 to port.

Note: All boats shall pass under the east span of the Evergreen Point Bridge both northbound and southbound.

SHORTENED COURSE: The Race Committee may shorten the course at any mark or at a finish line established within 1000 feet of the north side of the bridge.

TIME LIMIT: Eight hours for all boats in each class. This changes RRS 35.

SAFETY: Boats that withdraw from the race **shall** notify the Race Committee.

AWARDS: The Howard Ricketts Trophy will be awarded at the CYC Annual Awards Party to the winner of the Distance Series, which includes Nelson and North point races. A boat's series score is the sum of her race scores. The race winner is the boat with the lowest corrected PHRF time. One-design class ratings will be assigned to boats of those classes by PHRF.

OKTOBERFEST JUNIOR REGATTA

LOCATION: Lake Washington - Sand Point Sailing Center, October 22 & 23, 2011

ELIGIBILITY: Open to all junior sailors under the age of 21 racing in Lasers, Laser Radials, Bytes, Optimists, 420s, and any class with at least five boats.

ADDITIONAL INFORMATION: A separate notice of race will be prepared and made available by the regatta organizers. Additional information can be obtained from Sail Sand Point at (206) 525-8782 or www.sailsandpoint.org.

LAKE WASHINGTON RACING PROGRAM

LAKE WASHINGTON MARKS

Letter Code	DESCRIPTION & LOCATION
Temporary Marks	
A	Yellow mark to windward of the Race Committee Boat
B	Yellow gybe mark
C	Yellow mark to leeward of the Race Committee Boat
F	Yellow mark near the Race Committee Boat, on the opposite side of the Committee Boat from mark S
G	Pink ball set between "S" and the Race Committee Boat
O	Pink ball approximately 150 feet from a windward mark
S	Red mark near the Race Committee Boat
U	Red mark located to leeward of the Race Committee Boat
X	Red mark to windward of the Race Committee Boat
Y	Red gybe mark
Z	Red mark located 0.2 miles or less upwind of the Race Committee Boat
L	Temporary mark located within 0.10 miles of the Race Tower, (Permanent Mark "T")
4	Temporary mark located 0.25 miles east of Magnuson Park boat launch
6	Temporary mark located 0.25 miles east of Sand Point
7	Temporary mark located 0.25 miles west of the City of Kirkland Marina
10	Temporary mark located 0.25 miles west of North Point
14	Temporary mark located 0.25 miles west of Nelson Point
Permanent Marks	
T	Race Tower located at the North Moorage at Leschi Park

NOTE: The distances from the Race Committee Boat to marks A, B, and C are generally longer than the distances to marks X, Y, and U.

